



SNPS, Ldh

April

May

June

# Creative Zone

## INSIDE STORIES:-

- ❖ Welcome Session
- ❖ Investiture Ceremony
- ❖ Women Health Hygiene Seminar
- ❖ Environment Awareness Activity
- ❖ Summer Camp
- ❖ Online Essay/Poem Writing Competition
- ❖ Inter School Online Quiz Competition
- ❖ International Yoga Day
- ❖ National Reading Week
- ❖ Personality & Character Development Program

First Edition



## MANAGER'S MESSAGE



**Mr. Nachhattar Singh**  
P.E.S. (I)  
Deputy Director Education (Ret.)

I am pleased to hear that SNPS, Ludhiana is e-publishing its first edition of Magazine comprising of School's achievements, Students' marvellous efforts, accomplishments & talent presentation in different horizons of the Educational Zone.

Education is not about completion of prescribed curriculum in time bound activity but is a more comprehensive & integrated approach to cultivate the young minds into luminary, responsible & worthy human asset of a Nation. We at SNPS strive to inculcate human values through moral education so that the young minds are transformed into responsible citizens of the society.

I sincerely hope that this magazine would be a mirror to the endeavours, accomplishments & hard work of students and staff at SNPS, Ludhiana.

**With Blessings & Gratitude!**

## PRINCIPAL'S MESSAGE



**Mrs. Anu Bala**

M.Phil (English), M.Ed

### Quote

**“The beautiful thing about learning is that no one can take it away from you.”  
-B.B. King**

I, Anu Bala on the behalf of entire fraternity of SNPS, Ludhiana feel extremely delighted to present the First Edition of Quarterly E-Magazine of SNPS, Ludhiana branch managed by Sant Nirankari Charitable Foundation.

It is our humble endeavour to exhibit the Cultural, Academics & Curricular efforts & aptitude of students at SNPS, Ludhiana.

In the prevailing circumstances, Covid-19 has changed the social outlook of many aspects of our life. Doubtlessly the education area is not an exception to this. But an optimist always finds opportunity in disguise of adversity & the educationists in these days are trying with valiant efforts to lessen the gap between education & students created by such unfortunate situation.

We, at SNPS believe in a holistic & multifaceted development of children in student-centric environment where children are encouraged to channelize their potential in the pursuit of excellence.

E-Magazine is our sincere effort to showcase the creativity of our School students that kindles the imagination & artistic values amongst them. I appreciate the dedicated & sterling efforts of every student & staff member who contribute in the creation of joyful memories at our school.

I congratulate & pay my sincere regards to all concerned for marking a new beginning by the way of presenting the first edition of School achievements & activities.

To the readers of E-magazine, I hope that by going through every page of this magazine you would experience stimulation of abundance exuberance.

***Enjoy Your Reading!!!***

## WELCOME SESSION (2021-22)



*Grow your knowledge and expand your horizons in this New Academic Year.*

A Virtual Welcome session was organized in S.N. Public High School (Ludhiana). The program was started with a shabad (मैं तेरा शुक्र करां मेरे साहिबा) by Ms. Shradha, Ms.Sonia Rani & Ms. Mandeep Kaur following a beautiful speech by Ms. Surjit Kaur .

An inspirational poem (कोशिश करने वालों की कभी हार नहीं होती ) was recited by Ms. Yashu. A motivational skit was enacted by Ms. Manisha Arora and Ms. Maninderjit based on the theme **“How to attend Virtual Classes”**. Ms. Monika Wadhwa and Ms. Pooja delivered a lecture on Moral Values.

Afterwards a song was sung by Ms. Vidhya (बढ़े चलो). The session was concluded with speech & well wishes of Manager Mr. Nachhattar Singh & Principal Mrs. Anu Bala.



# WELCOME SESSION



## INVESTITURE CEREMONY 2021-22

S.N. Public High School celebrated “Investiture Ceremony” via Digital Platform for the academic session 2021-22. The event was presided over by the Manager Mr. Nachhattar Singh.

It was conducted with the high degree of sincerity and enthusiasm.

The ceremony started with School Prayer followed by School Song. Newly elected council took an oath to be true to their parts and duties assigned to them. It was a memorable event.

### STUDENT COUNCIL

HEAD BOY: Krish (X-A)

HEAD GIRL: Simran (XII Arts)

	<b>Prerna House</b>	<b>Prakash House</b>	<b>Preet House</b>	<b>Pragati House</b>
<b>Captain</b>	Kanchan (XI Arts)	Geetika (XI Commerce)	Khushi (XII Arts)	Rupinder Kaur (XI Commerce)
<b>Vice Captain</b>	Ramit Kumar (XI-A)	Komalpreet (VIII-B)	Saranchana (XI Arts)	Gurpreet Kaur (IX-B)

On 12<sup>th</sup> April 2021(Monday), a session on Women's Cancer Awareness was conducted. Mr. Davinder Singh and Ms. Mahi were the facilitators in this seminar. They made the staff aware about the various precautions to be used during menstrual cycle. They also guided the faculty members not to use the local sanitary napkins during menstrual cycle because plastic is used at greater level in sanitary napkins which can lead to various types of cancer & women related problems like uterus infection etc. They further explained that oxygen is needed in every part of human body but use of unsafe sanitary napkin blocks the oxygen circulation which resultantly causes cancer related illness. They advised to use biodegradable sanitary napkins which are purely made up of cotton & also help in regulating the supply of oxygen.

Overall, this session was very informative and useful.





## ENVIRONMENT AWARENESS ACTIVITIES

Activities for creating **Environment Awareness** were carried in **S.N. Pre School** on **20th May, 2021**. Tiny tots of pre-primary section participated in three different activities viz. Costume Display Activity, Thumb Printing & Colouring Activity and Tree Plantation Activity with great pomp and show.

### Nursery - Costume Display Activity

**Theme-** "Our Helpers"

Students were dressed up as teacher, policeman, doctor, scout and tailor. Their attire looked attractive. Children learnt the values of social helpers in our daily life by this activity.



### LKG - Thumb Printing & Colouring Activity

**Theme-** "Our Environment"

Students made beautiful charts of Earth, Globe and Trees. This activity gave a beautiful message of **Love with nature**. Students were very excited during the activity.

### UKG – Tree Plantation Activity

**Theme-** "Our Environment"

Students of Class UKG took part in Tree Plantation Activity with full enthusiasm. Students planted saplings in their homes and committed to serve the cause to save the earth. The teachers encouraged the students a lot. It was an amazing activity.



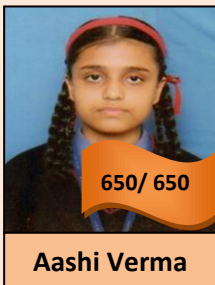


# S.N. PUBLIC HIGH SCHOOL

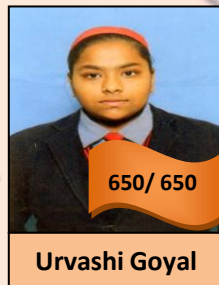
(AFFILIATED TO PUNJAB SCHOOL EDUCATION BOARD)  
(MANAGED BY SANT NIRANKARI CHARITABLE FOUNDATION)  
Indra Puri, Tajpur Road, Ludhiana – 141008 (Punjab)

## OUR SHINING STARS

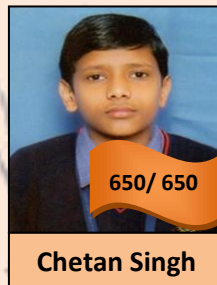
### CLASS X PSEB RESULT (2020-221)



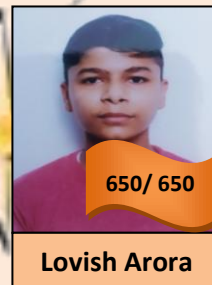
Aashi Verma



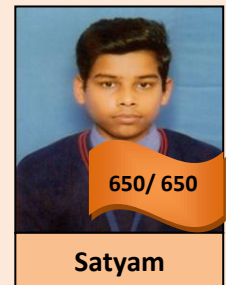
Urvashi Goyal



Chetan Singh

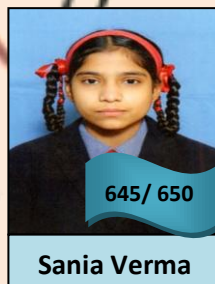


Lovish Arora

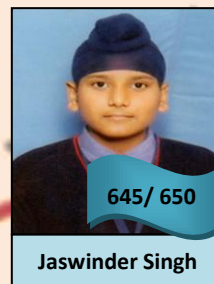


Satyam

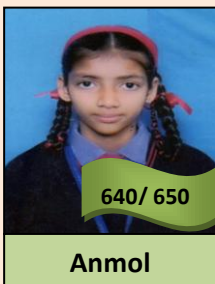
# Congratulations!



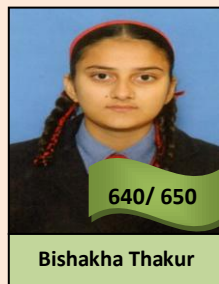
Sania Verma



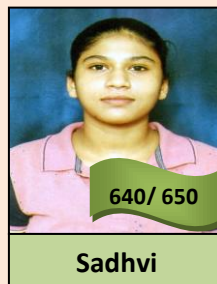
Jaswinder Singh



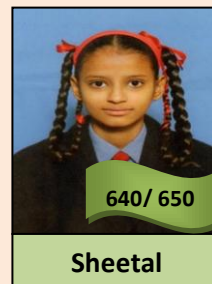
Anmol



Bishakha Thakur



Sadhvi



Sheetal



Aniket Kumar

*"Success is the sum of small efforts, Repeated Day In & Day Out."*



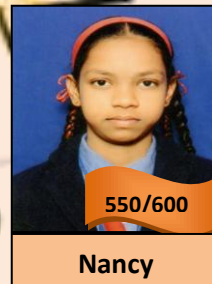
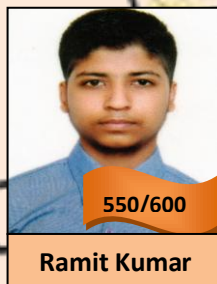
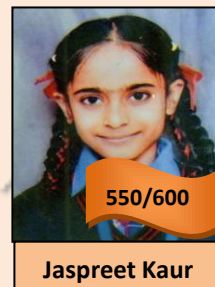
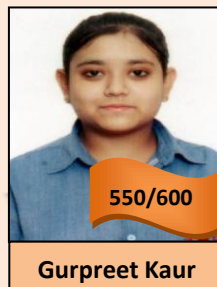
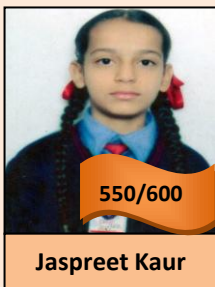


# S.N. PUBLIC HIGH SCHOOL

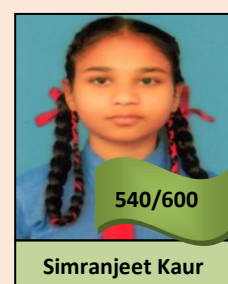
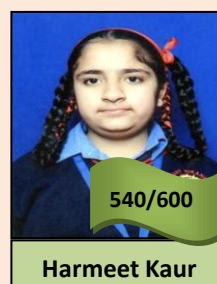
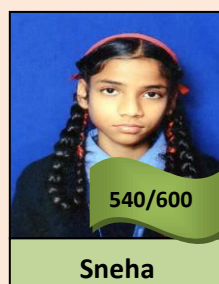
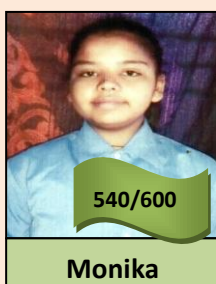
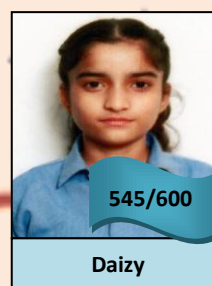
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## OUR SHINING STARS

### CLASS VIII PSEB RESULT (2020-21)



*Congratulations!*



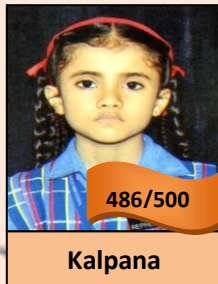


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## OUR SHINING STARS

### CLASS V PSEB RESULT (2020-21)



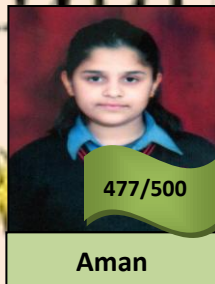
Kalpana



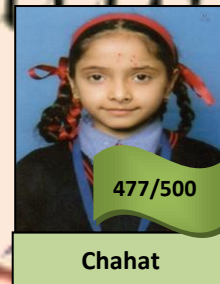
Manisha



Harshpreet Kaur



Aman

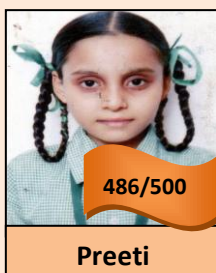


Chahat



# S.N.C.F. SCHOOL

(A School under the aegis of Sant Nirankari Charitable Foundation)  
Preet Nagar, Tajpur Road, Ludhiana – 141008 (Punjab)



Preeti



Mohit



Khushi



Arts & Crafts

1,2,3.....

Let's Go to the Camp

*A first ever VIRTUAL SUMMER CAMP was organized from June 7th to June 19th 2021 via ZOOM app.*

*Students were thrilled to participate in re-creational activities like Music, Yoga, Bhangra, Flameless Cooking and Craft Skills.*

*The objective of this summer camp was to provide an even platform for all kids to explore and express their creativity in any form. A motivational session was also there to inculcate moral values amongst the students.*





# plethora of Activities

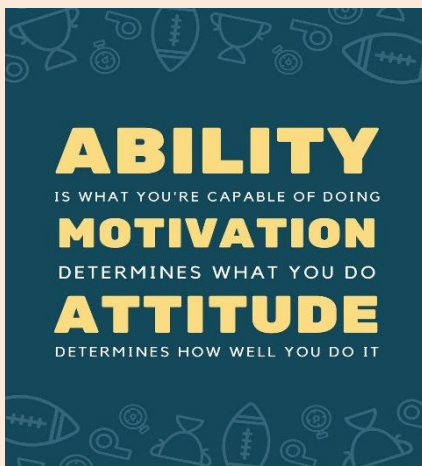


## YOGA- A Journey to value Self-worth

During the summer camp, so many students joined the virtual yoga classes for a healthy daily routine. Students were known to a variety of asanas and their impact on various parts of body by Yoga instructor Ms. Manisha Arora. Yoga is one of the facets of rich culture of India & as citizens of India we must

## COOKING WITHOUT FLAME

A lot of students showed interest in learning the cooking skills that too without flame or heat. In the guidance of activity mentor Ms Swaran Kaur, students were able to make cake, shakes, salads & many more dishes. They also learnt the art of garnishing & presenting the meal let alone the recipes of dishes.



## MOTIVATIONAL SESSIONS

Nowadays when everyone is confined to their homes, exercising physical distances when out, without any social gatherings, it becomes important to connect everyone emotionally. Motivational Session of Summer Camp was conducted to serve this purpose. Our Motivational Speaker Ms. Surjit Kaur interacted with students on various topics viz. Personality Development through Meditation, Self-Introspection, Positive Attitude vs Negative Attitude, Good vs Bad Company etc.



Contd.....

### ART & CRAFT SKILLS

For an art lover everything is canvas to paint ideas, thoughts and feelings. Summer Camp provided equal opportunity to all the students to develop & refine their art & craft skills. Students learnt how to make Paper Flower, Photoframes, Wall Hangings, Collage Making etc. under the guidance of Activity Incharge Ms Manisha Jain.



### BHANGRA- Folk Dance



Bhangra the folk dance form of Punjab is the way to express joy, excitement, energy and happiness. The students who participated in this summer camp activity were in state of euphoria while performing the Bhangra steps with their mentor Mr. Sandeep Kheeva. They enjoyed a lot while learning some dance moves.

### MUSIC- Art of Expression

Music is an art of expression especially in young children who don't know the name of feeling they are experiencing. Students who took part in this activity were made to listen what certain feelings sound like. They were introduced to basic seven music notes by Music Teacher Ms Shradha. Students were keen interested in this activity.



*"Time said Goodbye but presented a thanksgiving gift of countless memories.*

On 22 June, 2020 an **Online Essay/ Poem Writing Competition** in association with Commissionerate of Police Ludhiana on the Topic “**Say No to Drugs**” was announced to create awareness about ill effects of taking drugs and to eradicate Drugs from our Society.

A number of students from our School participated in this Online Competition via Whatsapp Sharing as directed by the NGO on its Facebook Page. Result of the same was out on 29 June, 2020 through their Facebook Page.

But due to pandemic situation, the winning students were awarded with cash prize & certificates after a year on June 26, 2021 “**World Anti Drug Day**”. It is a matter of proud that they were awarded by Ludhiana Commissioner of Police Sh. Rakesh Agrawal & DCP Sh. Simratpal Singh Dhindsa.

**Detailed Result is as follow:**

Age Group	Name of Students	Position	Award
13 to 16 Yrs	Lovish Arora	1 <sup>st</sup>	Cash Prize of 1100/- & Certificate
	Gurpreet Kaur	2 <sup>nd</sup>	Cash Prize of 500/- & Certificate
	Bishakha Thakur	Consolation Prize	Certificate
	Aashi Verma	Consolation Prize	Certificate
7 to 12 Yrs	Gorisha Goswami	2 <sup>nd</sup>	Cash Prize of 500/- & Certificate
	Parineeta Bhargav	Consolation Prize	Certificate
	Harshpreet Kaur	Consolation Prize	Certificate
	Avish Shrivastav	Consolation Prize	Certificate



## INTER SCHOOL QUIZ COMPETITION STATE LEVEL – 18 JUNE, 2021

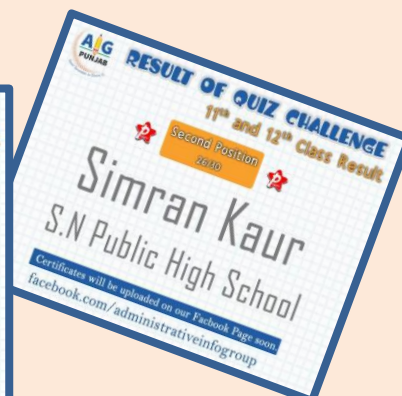
Online Inter School Quiz Competition was held on **18 June 2021** at State Level organized by AIG (Administrative Information Group) Punjab, an organization that helps & supports private schools in their administrative work to enhance the working ability & performance of private schools in Punjab. Competition was meant for students of VI to XII. Many students participated in this quiz. It is noteworthy here that maximum participation in this competition was from our School. Hence our worthy Principal Mrs. Anu Bala was recognized by the organization for exemplary achievement of School in the Quiz Competition.



It was a proud moment for our School that a lot of students had participated & bagged positions in this competition. Their positions and categories are as follow:

Category 6th - 8th		
Position	Name	Marks
I	Pranchi Mahajan	40/40
I	Aman	40/40
I	Samarpreet Kaur	40/40
I	Palak Singh	40/40
II	Lovneet Kaur	39/40
II	Ujjwal	39/40
II	Mandeep	39/40
II	Dhruv	39/40
III	Maxpreet Singh	38/40
III	Simranpreet Kaur	38/40
III	Riya	38/40
III	Bani	38/40
III	Kalpna	38/40
III	Harmeet Kaur	38/40

Category 9th & 10th		
Position	Name	Marks
II	Krish	36/40
II	Navdeep	36/40
Category 11th & 12th		
Position	Name	Marks
I	Riya	27/30
II	Simran Kaur	26/30
III	Aashi Verma	25/30
III	Harsimran Kaur	25/30
III	Geetika	25/30
III	Saranchna	25/30







## INTERNATIONAL YOGA DAY- 21<sup>ST</sup> JUNE

### THEME: YOGA FOR WELL-BEING



**International Yoga Day on 21<sup>st</sup> June** was celebrated virtually via Zoom Live for celebrating the day & creating awareness for fitness, immunity, mindfulness and relaxation. Students from I to XII standard assembled at one digital platform. Teachers explained the importance of Yoga by doing different kinds of Aasans. Principal Mrs. Anu Bala motivated the students to make Yoga an indispensable part of their daily life for sound body, sound mind & sound soul.

Students displayed their artistic talent in paintings and highlighted the importance of yoga. It was an interesting experience for both students and teachers. Students pledged that they will inculcate the habit of doing yoga in routine & will also encourage others to do so.





# NATIONAL READING WEEK

## 19 JUNE- 25 JUNE, 2021



***A BOOK IS A GIFT YOU CAN OPEN AGAIN AND AGAIN.***

S.N. Public High School celebrated **National Reading Week** Activity from **19 June to 25 June, 2021**. This activity was organized in the honour of **Father of Library Movement Late Mr. P.N.(Puthuvayil Narayana) Panicker**. Students from classes VI to VIII had participated in this event with great enthusiasm. Students were asked to read any book during the week and reflect at the end of week about what they have learnt or known so far in the form of feedback or review. It surely will help students to inculcate habit of reading and will improve their cognitive abilities.



*The more that*  
**YOU READ,**  
**THE MORE THINGS**  
**YOU WILL KNOW.**  
*The more that you learn,*  
**THE MORE PLACES**  
**YOU'LL GO.**  
- DR. SEUSS



# PERSONALITY & CHARACTER DEVELOPMENT PROGRAM

## **BUDDY GROUP**

As per Punjab School Education Board directions, every year Buddy Groups are created from VI to XII standard. The main goal of this group is to develop motor skills of students by productive utilization of student's time. Ms Surjit Kaur is appointed as Nodal Officer of Buddy Group. However every buddy group has a Sub-Incharge who shares the direct contact with Buddy Group Members/Students.

In this, various activities such as awareness activities, physical activities, seminars, workshops are being organized at School Level. The aim of this is to make a child physically & mentally fit and utilize the spare time effectively to develop creative habits.

## **MENTOR-MENTEE PROGRAM**

For the Mental Health and well-being of students, mentorship program is initiated during Pandemic situation to support the students emotionally as well mentally. During this tough time when social distances are to be maintained it is need of hour to remain connected emotionally.

Ms. Maninderjit Kaur is the overall Incharge of this program. In the program a group of definite students are monitored by a mentor i.e. staff of our school. The mentor establishes contact with students & parents and counsels them on various issues

Students are also given moral education in this program and every mentor tries to impart values, ideas, productivity in thoughts of students that solely aim to Character Development of Student.